



## BENJAMIN BERGEN

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Born 30.12.1993  
Kauniainen

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### IT Skills

Ms Office Word, Excel,  
PowerPoint  
(Good skills)

Cloud services SharePoint,  
Google Drive  
(Good skills)

Design programs AutoCAD  
(Basic skills)

### Language Skills

Swedish Native speaker

Finnish Native speaker

English Professional working proficiency

French Elementary proficiency

## Career Goals

- In the future, I wish to pursue a career in the field of HSEQ management of industries, and I'm currently looking for Master's Thesis position on that field.
- Core expertise in understanding the central issues of environmental and safety management of various industries, and critical problem solving skills in managing the challenges related to HSEQ management.

## Education

### MASTER OF SCIENCE STUDIES, ENVIRONMENTAL ENGINEERING, 2016 -

Aalto University, Espoo, Finland  
Residual Resource Engineering and Industrial Ecology, 90/120 ECTS

### BACHELOR OF SCIENCE, ENERGY AND ENVIRONMENTAL ENGINEERING, 2013 - 2016

Aalto University, Espoo, Finland  
Energy and Environmental Technology, 181/180 ECTS  
Bachelor's thesis: *HSEQ management of large organizations*

### MATRICULATION EXAMINATION

Mattlidens Gymnasium, Upper Secondary School 2012

## Work Experience

### SUMMER TRAINEE, SEAGROUP OY, HAMINA. 05/2017 - 08/2017

My duties in the HSEQ team included various tasks related to HSEQ management in marine industry.

- Developed a safety tool kit, which will be used in production site. Made a research on the regulations applied in marine industry and conducted an audit on how those are applied in the company.
- Reviewed the chemical safety and waste management of the company.
- Studied how regulations and HSEQ management responsibilities are implemented in practice, and what is the role of HSEQ at all levels of the organization. Received positive feedback from the company on self-organizing attitude.

### JUNIOR EXPERT, KOMPPIA GROUP, ESPOO. 11/2015 - 06/2017

Updated and created content on a lawservice called LAWLY by KOMPPIA.

- Ensured that the content was up to date and included the most relevant issues in Finnish laws and acts regarding work place safety and environment management.
- Tested the service and took part on developing more customer-centric and user-friendly service.
- Gained valuable knowledge on how regulations affect companies HSEQ management, and what are the companies responsibility related to HSEQ management legal compliance.
- Received positive feedback on self-organizing and my ability to focus on the relevant issues and completing all working tasks as agreed.

## Hobbies and Interests

Gym, snowboarding, tennis and travelling (Especially interested in Inca cultures in Peru and Equador)

## Military Service

Karelia Brigade  
Kymi Jaeger Battalion  
07/2012 – 12/2012  
Military rank: jaeger

## Recommendations

On request

### PROCESS OPERATOR, PAPERIA Oyj, LAPPEENRANTA. 04/2016 – 08/2016

- Operated the end unit of the paper sheeting machine and worked on a forklift.
- Gained a wider understanding of the production process and how everything is connected to the quality of the product. Got positive feedback on my attitude towards my tasks and willingness to learn new tasks.
- Three-shift work.

### JUNIOR EXPERT, BLOK OY, ESPOO. 5/2015 – 12/2016

Worked as a Bachelor's thesis worker at BLOK Oy from May 2015. After I finished my Bachelor's thesis, I continued working as a junior expert alongside my studies.

- Research tasks related to HSEQ, especially in a field of waste management.
- Gained a wider understanding of HSEQ management in large industrial companies. Learned more on waste management in Finland
- Received positive feedback from my supervisor on a well-structured Bachelor's thesis.

### SUMMER TRAINEE, OTA NETWORK, ESPOO. 5/2014 – 8/2014

- Base station assembling tasks in production line.
- Learned how small details affect the function of the end product.
- Three-shift work.